

Games

Dog Bone

There are two teams and each team goes to an opposite side with a bean bag (or some other item) in the middle, equal distance in between the two teams.

Each of the teams numbers off depending on how many people there are on each team and each person needs to remember that number. It's now "their number."

You can either have someone make up a story or the girls can write pieces and put it together. In the story there have to be numbers and when that number is read the people who are that number have to run and try to get the beanbag back to their side. (Example: I went 2 the store. The people who are 2's when you numbered off both run and try to get the bean bag)

Whoever does not pick up the bean bag first can try and tag the other person before they make it back to their team. Each time a person makes it back with the bean bag their team receives a point. You can play to how ever many points you want to.

BE AS CREATIVE AS YOU WANT!

Strut Ms. Lucy

In this game you form 2 columns with space in between for someone to walk through. It kind of looks like a runway. Then one person starts going down doing some kind of action (dancing, running, walking, hopping etc.) After they finish there should be a person opposite from them in the other line who has to go down the middle of the columns and copy what the other person did. Then a new pair starts and the leader of that pair thinks of a move to do and the game continues until everyone in the lines has had a turn.

Song:

Strut Ms. Lucy, strut Ms. Lucy, strut Ms. Lucy all the way home *(The first person goes down the middle of the columns)*

Here comes another one just like the other one, here comes another one all the way home. *(The 2nd person goes copying the first.)*

Ha. Ha-ha. Hahaha. Hahahaha.....!

Everyone lies down on the ground in kind of a zig zag formation because each person is lying on another one's stomach. The first person laughs once. Ha. The next person laughs twice. Ha-ha. The person after that three times. Ha ha ha. And so on until finally they're all laughing and everyone has had a turn.

Songs

Addams Family Grace (sung to the tune of the Adams' Family theme song)

na na na nah (snap fingers twice)
na na na nah (snap fingers twice)
na na na nah (sing three times then snap fingers twice)
We thank you for this food Lord.
For friends and family too Lord.
We thank you for this food Lord,
As we feast in harmony.
na na na nah (snap fingers twice)
na na na nah (snap fingers twice)
na na na nah (sing three times then snap fingers twice) Let's Eat!

Princess Pat

The Princess Pat, light infantry
They sailed across the seven seas.
They sailed across the channel too.
And they took with them the Ric-A-Dam-Doo.

The Ric-A-Dam-Doo, now what is that?
It's something made by the Princess Pat.
It's red and gold and purple too.
That's why it's called the Ric-A-Dam-Doo.

Now Captain Jack had a mighty fine crew.
They sailed across the channel too.
But his ship sank, and yours will too.
If you don't take the Ric-A-Dam-Doo.

The Princess Pat, saw Captain Jack.
She reeled him in, and brought him back.
She saved his life, and his crew's, too.
And do you know how? With the Ric-A-Dam-Doo.

The Moose Song

There was a great big moose
He liked to drink a lot of juice

There was a great big moose
He liked to drink a lot of juice

Singin Oh way oh
Way oh-Way oh-Way oh-Way oh

Way oh-Way oh-
Way oh-Way ooh- Way oh- Way oh

The moose's name was Fred
He liked to drink his juice in bed

The moose's name was Fred
He liked to drink his juice in bed

Singin Oh way oh
Way oh-Way oh-Way oh-Way oh

Way oh-Way oh-
Way oh-Way ooh- Way oh- Way oh

He drank his juice with care
But he spilt it in his hair

He drank his juice with care
But he spilt it in his hair

Singin Oh way oh
Way oh-Way oh-Way oh-Way oh

Way oh-Way oh-
Way oh-Way ooh- Way oh- Way oh

He's just a stinky old moose
Who likes to drink a lot of juice
He's just a stinky old moose
Who likes to drink a lot of juice

**For more songs and games,
please join us for songs and
games training. Check out
the training schedule on our
website for dates, times and
locations.**

**We'll see
you there!**