



## Segway: Safety Activity Checkpoints



Photo courtesy of Segway, Inc.

First produced in 2002, the Segway PT is a personal transportation device powered by an electric motor, and is a great way to tour urban and historic areas, such as Washington, D.C. Although not as fast as a bicycle, Segway PTs travel up to 12.5 miles per hour and glide under the control of the rider. Mobilized by two wheels, Segway PT riders stand on a platform that is balanced by the sensors and motors beneath. Riders lean forward to go forward and back to reverse, and turn left or right by using the handlebar, which resembles a video-game joystick (first-generation Segway PT models used a steering mechanism that resembles a motorcycle's throttle). The Segway manufacturer requires that riders weigh 90 to 250 pounds; state and local governments differ about location and age restrictions. Some Segway guided-tour and guided-ride organizations limit their services to participants ages 12 and older. Girl Scout Daisies, Brownies, and Juniors do not participate in Segway activities.

**Know where to participate in Segway.** In locations deemed legal and safe by state and local authorities and/or from experienced Segway tour and ride operators. [Citysegwaytours.com](http://Citysegwaytours.com) and [Segwayguidedtours.com](http://Segwayguidedtours.com) provide tour information, and [Segway, Inc.](http://Segway, Inc.) provides information about approved tours.

**Include girls with disabilities.** Communicate with girls with disabilities and/or their caregivers to assess any needs and accommodations. Learn more about the resources and information that [Disability Rights Advocates for Technology](http://Disability Rights Advocates for Technology) provides to people with disabilities.

### Segway Gear

#### Basic Gear

- Sneakers or sturdy shoes
- Clothing appropriate for the weather

## Specialized Gear

- Protective helmet with properly fitting safety harness that meets the American Society for Testing and Materials ([ASTM](#)) F2416 or F1492 requirements, displaying the Safety Equipment Institute (SEI) seal
- Daypack to carry personal belongings

## Prepare for Segway

- Communicate with council and parents.** Inform your Girl Scout council and girls' parents/guardians about the activity, including details about safety precautions and any appropriate clothing or supplies that may be necessary. Follow council procedures for activity approval, certificates of insurance, and council guidelines about girls' general health examinations. Make arrangements in advance for all transportation and confirm plans before departure.
- Girls plan the activity.** Keeping their grade-level abilities in mind, encourage girls to take proactive leadership roles in organizing details of the activity.
- Arrange for transportation and adult supervision.** Ensure that a first-aider is present. The recommended adult-to-girl ratios are two non-related adults (at least one of whom is female) to every:
  - 20 Girl Scout Cadettes
  - 24 Girl Scout Seniors
  - 24 Girl Scout AmbassadorsPlus one adult to each additional:
  - 10 Girl Scout Cadettes
  - 12 Girl Scout Seniors
  - 12 Girl Scout Ambassadors
- Verify the instructor's knowledge of Segway.** Ensure that:
  - The Segway instructor has experience and skill in teaching and supervising Segway PT.
  - The instructor reviews the operating procedures with girls before riding a Segway.
  - The experienced Segway instructor teaches participants how to ride, turn, and stop in a controlled, safe location free of obstructions and traffic.
  - Segway PTs are ridden in pedestrian environments and not on streets.
  - The instructor supports and spots participants when they step on and off of a Segway, and ensures that riders are comfortable riding a Segway before participating in a Segway tour or ride.
- Compile key contacts.** Give an itinerary to a contact person at home; call the contact person upon departure and return. Create a list of girls' parents/guardian contact information, telephone numbers for emergency services and police, and council contacts—keep on hand or post in an easily accessible location.
- Select a safe Segway location, and encourage girls to plan the activity.**
  - Ensure that the practice of riding the Segway PT is legal in the planned location of activity.
  - Remember that, although most states allow Segway PTs on sidewalks, town and city laws may differ.
  - Ensure the Segway riding location is safe; do not ride in traffic, on steep slopes or hills, on slippery surfaces, or on gravel, sand, or other loose surfaces.
  - Girls are encouraged to plan details of their Segway trips.
- Dress appropriately for the activity.** Make sure girls and adults avoid wearing dangling earrings, bracelets, and necklaces that may become entangled in equipment.
- Prepare for emergencies.** Ensure the presence of a first-aid kit and a first-aider with a current certificate in First Aid, including Adult and Child CPR or CPR/AED, who is prepared to handle cases of abrasions, sprains, and fractures. See *Volunteer Essentials* for information about first-aid standards and training.

## On the Day of the Segway Activity

- Get a weather report.** On the morning of the Segway activity, check [weather.com](#) or other reliable weather sources to determine if weather conditions are appropriate. Do not ride Segways in rain or strong winds. If

severe weather conditions prevent the activity, be prepared with a backup plan or alternate activity, or postpone the activity. Write, review, and practice evacuation and emergency plans for severe weather with girls. In the event of a storm, take shelter away from tall objects (including trees, buildings, and electrical poles). Find the lowest point in an open flat area. Squat low to the ground on the balls of the feet, and place hands on knees with heads between them.

- **Use the buddy system.** Girls are divided into teams of two. Each girl chooses a buddy and is responsible for staying with her buddy at all times, warning her buddy of danger, giving her buddy immediate assistance if safe to do so, and seeking help when the situation warrants it. If someone in the group is injured, one person cares for the patient while two others seek help.
- **Practice safe Segway procedures.**
  - Beginners start by riding in Segway's slowest mode.
  - Riders do not misuse or "push" a Segway past its limits; for instance, riders do not lean forward when the Speed Limiter Alert is on, nor do they continue to ride when the Stick Shake Warning is on.
  - Take care when turning left and right and when stopping and parking a Segway.
  - When riding on sidewalks in urban areas, be on alert for pedestrians, doors opening, and low overhead obstructions.
  - Give right-of-way to pedestrians, and ride Segway on right-hand side of sidewalks and paths.
  - Do not ride a Segway over curbs; use the cutout of a curb instead.
  - When riding a Segway, keep at least two Segway tires' distance from another rider.

### Segway Links

- **Segway:** [www.segway.com](http://www.segway.com)
- **Segway Online:** [www.segwayonline.com](http://www.segwayonline.com)

### Segway Know-How for Girls

- **Learn about the mechanics of the Segway PT.** Computers and motors in a Segway PT's base keep the vehicle upright when powered on. Learn about the [mechanics](#).
- **Charge up the battery.** The battery life of Segway PTs differs, depending on the model. For instance, the Segway i-Series's maximum speed is 12.5 mph and is capable of covering 15 to 25 miles on a fully charged battery. Batteries also recharge while riding downhill. Visit [Segway](#) for information about Segway batteries.

### Segway Jargon

- **Glide (or Seg):** A term for the forward movement of riding a Segway
- **Dynamic Stabilization:** A term for balancing on a Segway